

UHIP QUICK FACTS

UHIP

Administered by York University

Mandatory health plan covering basic medical costs:

- Hospital services
- Clinic visits
- Lab services
- Emergency services

UHIP is mandatory for all international students in Ontario

Extended Health Plan

Administered by your student union

Not mandatory, covering healthcare services that are NOT covered by UHIP:

- Dental and vision care
- Prescription medication
- Paramedical services
- Certain vaccines

Canadian employers typically offer extended health plans



University Health Insurance Plan (UHIP)

Mandatory healthcare plan covering basic medical costs. Specifically tailored for international students to provide them with similar coverage to the government healthcare plan (OHIP).

► Eligible for coverage:

- International students actively seeking a degree
- Exchange students
- IVRTs
- Some visiting scholars
- Dependant(s) of students/scholars listed above

► **Cost:** \$ 792 per year / \$ 66 per month (per person)

► **Coverage period for 2025-26:** September 1, 2025 to August 31, 2026

► Eligible students are **automatically** enrolled and renewed

► Dependants, IVRTs, and visiting scholars are **NOT** automatically enrolled and renewed - use the UHIP Application Form

UHIP Application Form



UHIP Card

University Health Insurance Plan (UHIP)	
Insured Name:	
Certificate No.:	Start Date:
University ID:	End Date:
Policy No.:	
Insured Dependents:	
Verify eligibility at: clients.cowangroup.ca/Verify	
This card is not transferable and must be accompanied by photo ID.	

YI Events Calendar



UHIP QUICK FACTS

How do I get my UHIP Card?

Activate your YorkU email (ending in yorku.ca) and check your inbox and spam folders

- You should see an email from Cowan
- Print this card, save it to your phone and keep it with you
- Give a copy to your emergency contact

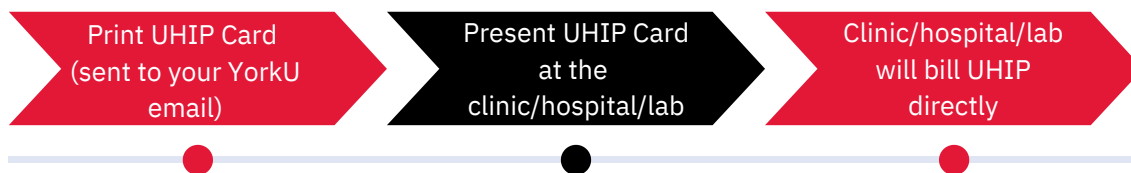
Don't see the email with your UHIP Card? Check if

- Your York U email has changed (ex. to my.yorku.ca)
- You deferred your admission or dropped all your classes
- **None of the above?** Email uhip@yorku.ca with your student number

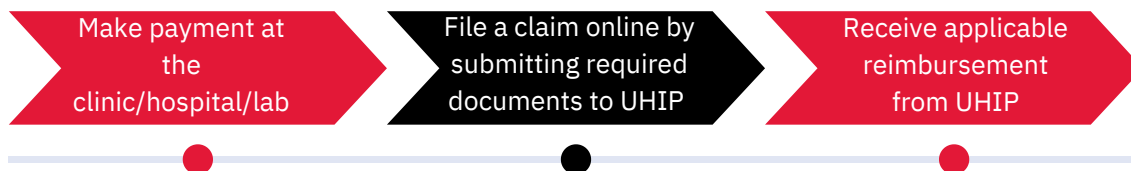
What does UHIP cover?



Visiting a Preferred Provider - scan the QR code for preferred provider map



Visiting a Non-Preferred Provider - scan the QR code for preferred provider map



UHIP coverage for your dependant(s) is MANDATORY

Get coverage for your dependants in Canada within 30 days of their eligibility or a **\$500 late fee** will apply per UHIP policy

Renew UHIP coverage for your dependants in Canada within 30 days of their coverage expiry date or a **\$500 late fee** will apply per UHIP policy



For example, your summer 2025 coverage ends on August 31, 2025. Your dependants have the same coverage as you. At the beginning of the Fall 2025 term, your coverage will be automatically renewed.

But the coverage for your dependants **will not**. You need to submit a new UHIP Application Form **before September 30, 2025** to renew their coverage.

