



Global Health Internship Project Proposal

York University – The Nasio Trust

[The Nasio Trust](http://www.thenasiotrust.org) is a UK registered charity (No. 1104542) and Kenyan NGO which supports orphaned and vulnerable children and empowers communities in Kakamega County, Kenya to **break the cycle of poverty** and thrive, by focusing on three key strands – **Education, Healthcare, and Sustainable Livelihoods**.

The charity started as a road side kiosk in Mumias, Kenya in 2001 when an abandoned baby was found on the roadside during the HIV/AIDS pandemic. The charity has since grown to operate two Early Childhood Development Centres and a medical centre. Its programmes and activities emerge from the needs of the community in Mumias West, and is reactive to any crises they may face.

Mission

A grassroots charity that empowers communities to break the cycle of poverty and thrive, through three key strands – Education, Healthcare and Sustainable Livelihoods

Key Projects



Education and Child Sponsorship



Sustainable Agriculture



Peer Education and SRH Programme



GMK Medical Centre



Spirulina Production



Livelihoods Programmes including soap production and fish farming



Porridge Kitchen



Adult Education Classes

Our Model



Our holistic model works within the community to provide integrated services in education, healthcare, and sustainable livelihoods. We keep the children we support at the core of our activities and aim to

- Create food secure communities
- Develop access to education through the training
- Create sustainable avenues for income-generation
- Provide preventative healthcare infrastructure to an underserved community
- Skill and empower youth to take decisions about their lives
- Deliver our projects with integrity and transparently communication with donors

Where we are based

Kenyan Map



Musanda, Kakamega County: Musanda is a village close to regional centres such as Mumias (population 111,000) and the Ugandan border. It is about an hour's drive away from Lake Victoria. The dominant tribe in the region are the Luhya who speak a regional dialect. Ugali, made from corn flour, is a staple in the diet along with local vegetables.

Impact



14,000 people trained in Sexual and Reproductive Healthcare



1,500 small scale farmers supported



Over 360 orphaned and vulnerable children supported in education



15,000 patients treated at our medical centre



160 women trained in entrepreneurship skills



Over 100 volunteers have worked with us since 2022

Internship Opportunities

1. Research and Training Intern: Child Development

The Project

Design and deliver a training module for members of the Nasio Trust's Social Work, Education and Community Liaison teams to develop essential skills in

- Monitoring child development milestones for children between ages 0-3
- Making linkages between child nutrition metrics and child development
- Monitoring maternal health (both ante- and post-natal) and its impact on child development for children between age 0-3
- Practical actions that can be taken within a rural context in Kenya for improving health outcomes for children in their first 1,000 days
- Integration of the above with existing child nutrition programmes (Porridge Kitchen for malnourished children and School Feeding Programme)

The module can be delivered virtually or in-person at our projects in Kenya.

Expected Outcomes

- Delivery of a formal training session (across 1-3 days as needed) to members of Nasio's team
- Training manual detailing material covered in the sessions for future use and cascading to other members of staff

2. Impact Evaluation Intern: The Community Agriculture Project

The Nasio Trust's Community Agriculture Programme has been operational since 2023. While the charity has been supporting small-scale farmers since 2018, our initial model focused on partnering with the One Acre Fund to give farmers agricultural loans at a subsidised rate. In 2023, we switched to Community Agriculture model, with a one-off direct distribution of agricultural supplies and training to farmers aimed at making them income and food sustainable within 2 agricultural seasons.

Your role is to evaluate the impact of the programme in the past three years by:

- Interviewing beneficiaries and gauging the impact of the project on the following:
 - Food security and nutritional diversity
 - Livelihoods and Income
 - Agricultural Knowledge
 - Environment
- Interviewing members of staff involved in the project to evaluate the challenges or feedback they have from their experience of delivering the programme
- Analysing past data and reports

Expected Outcomes: A comprehensive report outlining your findings and recommendations for improving the reach and impact of the project.

3. Research Intern: Conduct a Net Zero Analysis

The Nasio Trust recognises the impact of climate change on the community it works in, as it wreaks havoc on agricultural yields and livelihoods. We would like to do our part to mitigate the impact of climate change by aiming to become 'Net Zero' in our operations.

Your role will be to assess

- Green energy needs at Nasio's guesthouse, offices and medical centre
- Alignment of Nasio's ongoing projects to Net Zero targets
- Ways in which Nasio can offset its carbon footprint in sustainable ways

Expected Outcomes: Strategy document outlining the next steps Nasio should take to meet its Net Zero goal.

Supervision and Other Details

Interns will be provided consistent supervision by the UK Operations Manager and Programme Officer. Interns will be able to consult members of Nasio's staff, and be attached to department overseeing their main project

Placement Duration: 4 weeks

Tentative Placement Dates: 6th July to 2nd August

Successful applicants will have one or more of the following:

- Experience of working on child or maternal health
- Interest or expertise in international development
- Experience of working with a charity in a different cultural context
- Proficiency in long-form writing
- Good verbal and presentation skills

Applicants should submit a Statement of Purpose outlining their interest in the programme and email it along with their CV to divya.godbole@thenasiotrust.org. This will be followed by an interview for shortlisted candidates.