Pre-Arrival Webinar Series:
Preparing for the Canadian Classroom
Land Acknowledgement

York University recognizes that many Indigenous Nations have longstanding relationships with the territories upon which York University campuses are located that precede the establishment of York University.

York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosaunee Confederacy, and the Huron-Wendat.

It is now home to many First Nation, Inuit and Métis communities. We acknowledge the current treaty holders, the Mississaugas of the Credit First Nation. This territory is subject of the Dish with One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes region.

Centre for Indigenous Student Services: https://aboriginal.info.yorku.ca/about-us/

Native Land Digital: https://native-land.ca/
Zoom Etiquette

Links will be shared in the chat during the presentation

Ask us questions using the Q&A Feature

This webinar is being recorded
By the end of this webinar, new incoming international students will have more knowledge about:

- *The unique characteristics of the Canadian post-secondary education system.*
- *The various ways students may be evaluated in their classes.*
- *The value of group work in a Canadian classroom setting.*
- *Available academic resources at York University.*
Agenda for Today:

The agenda for today’s webinar is:

- Introduction to Learning Skills Services
- Starting Off Strong!
- Question and Answers
- Upcoming pre-arrival webinars and events
Land Acknowledgement

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Native Land Digital: https://native-land.ca/
Understanding the Land Acknowledgement: https://bit.ly/CISS_Land
Agenda

- Introduction
- Expectations of university learners
- 10 tips from Learning Skills Services for starting off strong at YorkU
- Introduction to YorkU academic resources
- Wrap-Up & Questions
What to Expect from this Workshop (LSS Online Workshops)

› This workshop is interactive!
  • **Slido:** You will need access to a web browser on your phone or other device
  • **Questions:** Ask throughout in the chat, there will also be time at end
  • **Zoom Features:** Chat, Reactions
  • You are invited to rename yourself how you would like to be addressed (name, pronouns)

› How to access workshop materials?
  • **Captioning:** Live Transcript is enabled
  • **Workshop slides:** The link to download today’s slides is in your confirmation email
Guidelines for Participation

- Take care of yourself
- Respectful listening and speaking
- Reflect before responding
- Confidentiality
- Participate
- Ask questions and take risks with learning
- Openness to diverse viewpoints
- Focus on building awareness and understanding

Source: YorkU Centre for Human Rights, Equity, and Inclusion
At the end of today’s workshop, we hope that you will be able to...

- Understand University learning expectations
- List the senses of student success
- Name some of York’s academic success resources
- Feel more confident about learning at YorkU
Learning Skills Services

HOW WE CAN HELP

➢ Build knowledge, skills and confidence in a variety of learning skills
➢ Apply the most effective study strategies, according to learning science
➢ Open to all students – all years & all programs!

SERVICES AND PROGRAMS

➢ Workshops
➢ Passport to Success Certificate Program
➢ Graduate Student Certificate Program
➢ Drop-In to speak with a LSS Peer
➢ Class Visits & Special Events
➢ Online Resources

CONNECT WITH US  yorku.ca/scl/learning-skills  learningskills@yorku.ca  @StudentLifeYU
What is expected of university learners?
Breakout Discussions

1. Introduce yourself
2. Why did you choose York?
3. How are you feeling about starting university?
4. What do you think are expectations of university learners?
Senses of Student Success (Alf Lizzio)
10 Learning Skills Tips for Starting off Strong at YorkU
Build Your Community

- Reach out to your classmates and instructors
- Join student clubs and organizations
- Get involved in your “college”
- Take advantage of the many campus resources available to you!
Become Familiar with Your New Environment

- At your previous school, you knew how things worked - both official and unwritten rules
- At the center of the 5 Senses of Student Success model = “a sense of culture”
- What can you do to learn about York’s “culture”?
Every course starts with a course outline/syllabus

The course roadmap
Be an Active, Self-Directed Learner

- Actively participating in classes
- Actively doing something with the information while studying
- Take ownership of your own learning
- Self-directed, but not alone – make use of campus resources
Engage in Deeper Level Learning

University learning isn’t about just memorizing information.

Involves deeper types of learning:
1. Remembering
2. Understanding
3. Applying
4. Analyzing
5. Evaluating
6. Creating

Image Source: https://www.thoughtco.com/blooms-taxonomy-the-incredible-teaching-tool-2081869
Reflect on Your Learning

Focusing not just on WHAT you are learning, but also HOW you are learning

Manage Your Time in University

- Not all learning takes place inside of the classroom
- Plan ahead
8 Build Your Academic Reading & Note-Taking Skills

- Academic reading and note-taking are part of the learning process
- Stay on top of your readings and notes
- Academic reading can be challenging - you can build your academic reading and note-taking skills, and we can help!
Approach Learning with a Growth Mindset

- “Success” or “failure” not pre-determined fixed identities
- The power of "yet"
- Framing challenges as learning opportunities
- Celebrating effort, strategy and progress
Prioritize Your Well-being

- Staying healthy and balanced gives you the energy needed for academic success
- Student Counselling, Health and Well-being

Well-Being is Essential for Academic Success

The Wellness Wheel
(Baldwin et al, 2017)
10 Tips from LSS for Getting Started at YorkU
( Strategies to build your “Senses of Student Success”)

1) Build your community
2) Get to know your new environment
3) Use your course syllabus
4) Be a self-directed, active learner
5) Engage in deeper level learning
6) Reflect on your learning
7) Manage your time
8) Build Your Academic Reading & Note-Taking Skills
9) Approach Learning with a Growth Mindset
10) Prioritize Your Well-being
Please take two minutes now to give us some feedback – Thank You!

Additional Resources
Explore More of Learning Skills Services!

Learn more about Starting off Strong: 
www.yorku.ca/scld/learning-skills/getting-started-with-university-courses/

Explore our other Learning Skills Topics: 
www.yorku.ca/scld/learning-skills/#help

Register for Another Workshop: 
www.yorku.ca/scld/learning-skills/workshops

Visit us in the Learning Commons: 
www.yorku.ca/scld/learning-skills/visit

Follow-us on Social Media: 
@StudentLifeYU

Leave us a Testimonial: 
bit.ly/lss-testimonial

CONNECT WITH US: 
yorku.ca/scld/learning-skills 
learningskills@yorku.ca 
@StudentLifeYU
Additional YorkU Resources for Starting off Strong

- **YU START**: Helping new students prepare, connect, discover, believe & engage
- **START STRONG YU**: Important information about the start of classes and using student services
- **STUDENTS GETTING STARTED**: Help for all your computing needs such as eClass, Passport York, wireless access and others.
- **IMPORTANT DATES**: Save these dates in your personal calendar to be aware of upcoming deadlines.
- **ACADEMIC ADVISING**: Connect with your academic advisor for questions about course selection and degree progress.
YorkU Well-Being Resources

- Well-being is part of all aspects of life
  - See “Wellness Wheel”

- Staying healthy and balanced gives you the energy needed for academic success

- **Student Counselling, Health and Well-being**
  - Supports students in realizing and developing their personal potential and manage the demands of university life
  - Same-day walk-in counselling
  - Skill Development & Health Education Workshops

Well-Being is Essential for Academic Success
Upcoming Webinars and Events
Program: YI Meet Up

› Date: May 16th, 2024
› Time: 10:00am – 11:00am (EST)

YI Meet Up is a virtual social event that provides incoming or deferred students an opportunity to meet new people, make new connections and introduce them to campus life through a variety of activities, conversations and group initiatives. The program aims to ease the transition to York and to Canada and to help find a sense of community before even arriving.
Global Peer Program Drop-In

May Drop-in

Global Peer Program

Join the monthly drop-in for one-on-one time with a mentor (upper-year York student)! You will have the opportunity to connect with a mentor and ask questions. Stop by any time between 9:00am – 10:30am!

› **Day/Date:** Thursday May 23rd, 2024
› **Time:** 9:00AM to 10:30AM EST
› **Registration:** [https://yorku.zoom.us/meeting/register/tJIrd-qrrT4rHdy7X-1uhkbd4b25t1FdWE1d](https://yorku.zoom.us/meeting/register/tJIrd-qrrT4rHdy7X-1uhkbd4b25t1FdWE1d)
The Wellness and Safety in Canada webinar provides students with information they need to know about available services and resources to live safely at York and in Toronto. We understand the importance for parents, families, and students to know how York University supports the safety of their students. Join us to learn of the many services available for you.

- **Date:** Wednesday May 29th, 2024
- **Time:** 9:00AM to 10:00 AM
- **Registration:** [https://yorku.zoom.us/meeting/register/tJUodeqqqjMtGdHhZooYPAcWHNrC_WZ4GcQv#/registration](https://yorku.zoom.us/meeting/register/tJUodeqqqjMtGdHhZooYPAcWHNrC_WZ4GcQv#/registration)
Global Peer Program Community Event

May Community Event

Global Peer Program

Theme: Academic Resources

Monthly community events will focus on a specific theme which support your successful transition to York University and Canada. You will have the opportunity to meet other new international students and connect with GPP mentors in a small group setting.

Day/Date: Friday, May 31st, 2024
Time: 9:00AM to 10:30AM EST
Registration: https://yorku.zoom.us/meeting/register/tJ0qdOuhrj8jHNHc4_kEJbxHKkBk3q9l0dVg#/registration
Pre-Arrival Webinar

Building Your Timetable

Studying in Canada

The **Building Your Timetable** webinar provides students with the information they need to know about course enrollment, important considerations when building their timetables, as well as a chance to meet with faculty supports.

- **Date:** Wednesday June 12th, 2024
- **Time:** 9:00AM to 10:30 AM
- **Registration:** [https://yorku.zoom.us/meeting/register/tJwofuuupjiG9XirabjZi2-Y6i6qEM5upRq#/registration](https://yorku.zoom.us/meeting/register/tJwofuuupjiG9XirabjZi2-Y6i6qEM5upRq#/registration)
York International Event Calendar
Thank you!