

**Pre-Arrival Webinar Series:**

# **Preparing for the Canadian Classroom**

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**YORK U**



# Land Acknowledgement

York University recognizes that many Indigenous Nations have longstanding relationships with the territories upon which York University campuses are located that precede the establishment of York University.

York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosaunee Confederacy, and the Huron-Wendat.

It is now home to many First Nation, Inuit and Métis communities. We acknowledge the current treaty holders, the Mississaugas of the Credit First Nation. This territory is subject of the Dish with One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes region.



*The Indigenous Students' Association at York's (ISAY) 21st All Nations Pow Wow*

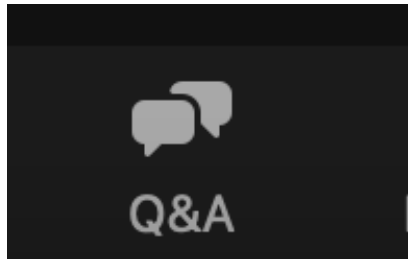
**Centre for Indigenous Student Services:** <https://aboriginal.info.yorku.ca/about-us/>

**Native Land Digital:** <https://native-land.ca/>

# Zoom Etiquette



**Links will be shared in the chat during the presentation**



**Ask us questions using the Q&A Feature**



**This webinar is being recorded**





## Webinar Outcomes

By the end of this webinar, new incoming international students will have more knowledge about:

- *The unique characteristics of the Canadian post-secondary education system.*
- *The various ways students may be evaluated in their classes.*
- *The value of group work in a Canadian classroom setting.*
- *Available academic resources at York University.*

# Agenda for Today:

The agenda for today's webinar is:

- › *Introduction to Learning Skills Services*
- › *Starting Off Strong!*
- › *Question and Answers*
- › *Upcoming pre-arrival webinars and events*



**WELCOME**

This photo by Unknown Author is licensed under [CC BY-NC](#)



# Starting Off Strong at YorkU: 10 Tips from Learning Skills Services

LEARNING SKILLS SERVICES  
2023 - 2024

YORK 



# Land Acknowledgement

In this moment, we recognize that many Indigenous Nations have longstanding relationships with the territories upon which York University campuses are located that precede the establishment of York University.

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**Centre for Indigenous Student Services:**  
<https://aboriginal.info.yorku.ca/about-us/>

**Native Land Digital:** <https://native-land.ca/>

**Understanding the Land Acknowledgement:**  
[https://bit.ly/CISS\\_Land](https://bit.ly/CISS_Land)





## Agenda

- Introduction
- Expectations of university learners
- 10 tips from Learning Skills Services for starting off strong at YorkU
- Introduction to YorkU academic resources
- Wrap-Up & Questions



# What to Expect from this Workshop (LSS Online Workshops)

- This workshop is interactive!
  - **Slido:** You will need access to a web browser on your phone or other device
  - **Questions:** Ask throughout in the chat, there will also be time at end
  - **Zoom Features:** Chat, Reactions
  - You are invited to rename yourself how you would like to be addressed (name, pronouns)
- How to access workshop materials?
  - **Captioning:** Live Transcript is enabled
  - **Workshop slides:** The link to download today's slides is in your confirmation email





## Guidelines for Participation

- › Take care of yourself
- › Respectful listening and speaking
- › Reflect before responding
- › Confidentiality
- › Participate
- › Ask questions and take risks with learning
- › Openness to diverse viewpoints
- › Focus on building awareness and understanding

*Source: YorkU Centre for Human Rights, Equity, and Inclusion*



# At the end of today's workshop, we hope that you will be able to...



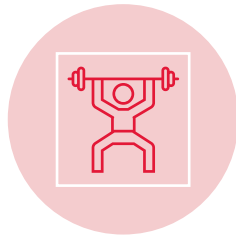
UNDERSTAND  
UNIVERSITY  
LEARNING  
EXPECTATIONS



LIST THE SENSES OF  
STUDENT SUCCESS



NAME SOME OF  
YORK'S ACADEMIC  
SUCCESS RESOURCES



FEEL MORE  
CONFIDENT ABOUT  
LEARNING AT YORKU



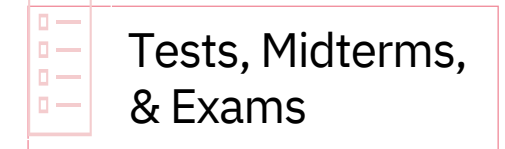
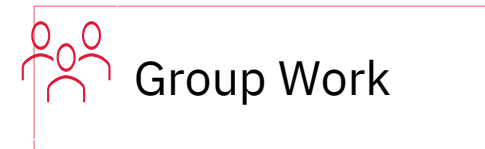
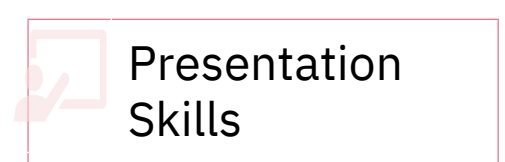
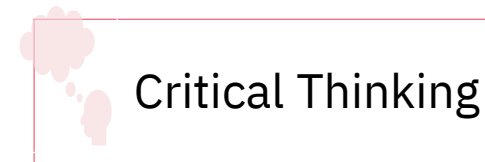
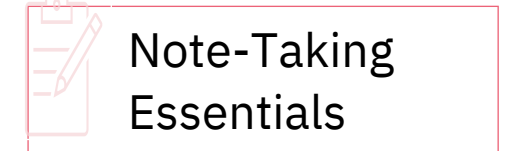
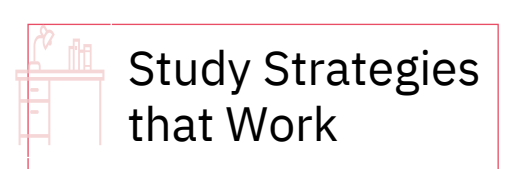
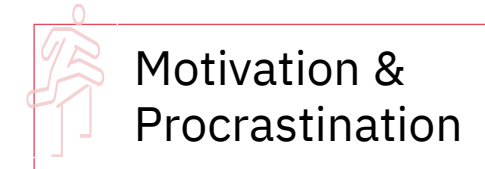
# Learning Skills Services

## HOW WE CAN HELP

- Build knowledge, skills and confidence in a variety of learning skills
- Apply the most effective study strategies, according to learning science
- Open to all students – all years & all programs!

## SERVICES AND PROGRAMS

- Workshops
- Passport to Success Certificate Program
- Graduate Student Certificate Program
- Drop-In to speak with a LSS Peer
- Class Visits & Special Events
- Online Resources






# The YorkU Learning Commons

[learningcommons.yorku.ca](http://learningcommons.yorku.ca)





**What is  
expected of  
university  
learners?**

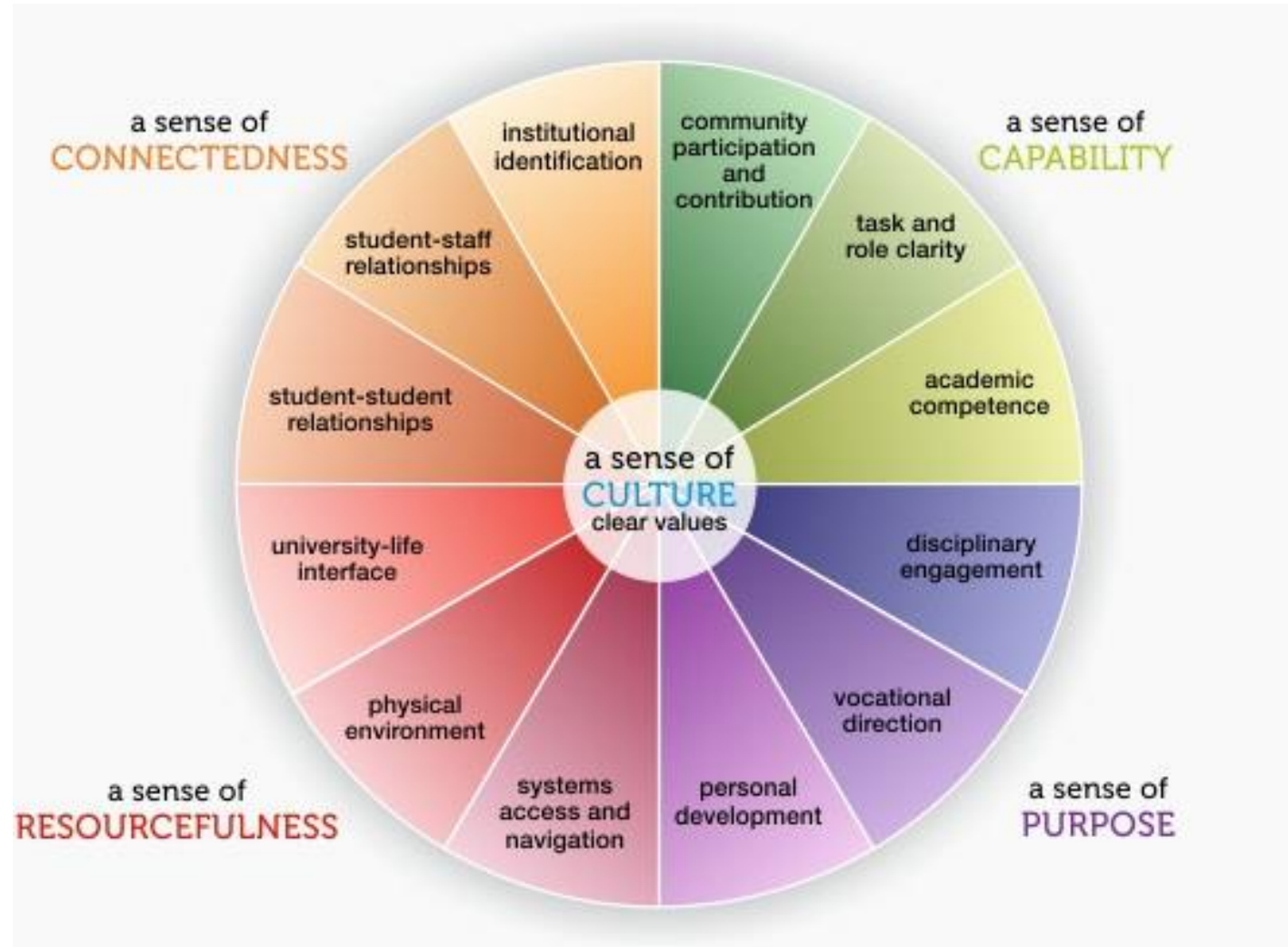


# Breakout Discussions

1. Introduce yourself
2. Why did you choose York?
3. How are you feeling about starting university?
4. What do you think are expectations of university learners?



# Senses of Student Success (Alf Lizzio)





A large group of students and staff are posing on a wide staircase. Many are wearing green t-shirts with 'I Love YU' and a heart symbol, or blue t-shirts with 'YU' and a heart symbol. Several people are making heart gestures with their hands. A man in a red and blue jacket is standing on the right side of the stairs, also making a heart gesture. The background shows a modern building with a wooden wall and a backpack on the stairs.

# 10 Learning Skills Tips for Starting off Strong at YorkU

# 1

## Build Your Community



Created by Gan Khoun Lay  
from the Noun Project

- Reach out to your classmates and instructors
- Join student clubs and organizations
- Get involved in your “college”
- Take advantage of the many campus resources available to you!



## 2 Become Familiar with Your New Environment

- At your previous school, you knew how things worked - both official and unwritten rules
- At the center of the 5 Senses of Student Success model = “a sense of culture”
- What can you do to learn about York’s “culture”?



## 3

# Use Your Course Syllabus

Introductory Organic Chemistry II Syllabus	
Course Number	SC/CHEM 2021 3.0 Sections M, N
Term	Winter
Session	2018-2019
Prerequisites	CHEM 2020 3.0
Course Directors	Dr. Hovig Kouyoumdjian (both sections) Office: CB 350 Office Hours: M 3-5 pm & T 2-4 pm Online office hours: Adobe Connect (by appointment) <a href="mailto:orgchem@yorku.ca">orgchem@yorku.ca</a>
Lab Coordinator	Ms. Olga Girina Office: CB 308 <a href="mailto:orgchem@yorku.ca">orgchem@yorku.ca</a>
Meeting Times	Section M Lecture MF 1:00, 90 min, ACW 206 Tutorial F 11:30, 60 min, ACW 206  Section N Lecture TR 5:30, 90 min, VH B Tutorial F 10:30, 60 min, ACW 206  NOTE: Midterm examinations will be held during tutorial times. You are expected to write the midterm in the appropriate time and room you are normally scheduled in. If you have a valid course conflict, contact the instructors the week prior to the test.
Laboratory	3 hour sessions at variable times during the week, depending on lab group. Labs start the week of January 14 or 21 depending on section and you will have labs every other week throughout the term. A detailed lab schedule will be posted on Moodle.
Learning Tools	Textbook: Organic Chemistry by L.G. Wade ( <b>NEW</b> custom edition for York University Volume II) will be supplied by the York bookstore. Included is an access code for the solutions manual online. NOTE: The 9 <sup>th</sup> edition of Wade is identical to the new custom edition.  NOTE: The old custom edition of Wade (green cover) will no longer be supported however recommended textbook problems will be posted on Moodle as a courtesy.  Online Mastering: Students who used Mastering for CHEM 2020 last fall will not need to use a new access code (read the instructions provided on Moodle). There will be short quizzes throughout the semester (with time limits) that will count for marks in the course. Instructions on how to use the online system will be covered during class as well as on Moodle. Students who did not take CHEM 2020 last fall will need a new access code from the

- Every course starts with a course outline/syllabus
- The course roadmap



# 4

## Be an Active, Self-Directed Learner

- › Actively participating in classes
- › Actively doing something with the information while studying
- › Take ownership of your own learning
- › Self-directed, but not alone – make use of campus resources



# 5

## Engage in Deeper Level Learning

### BLOOM'S TAXONOMY

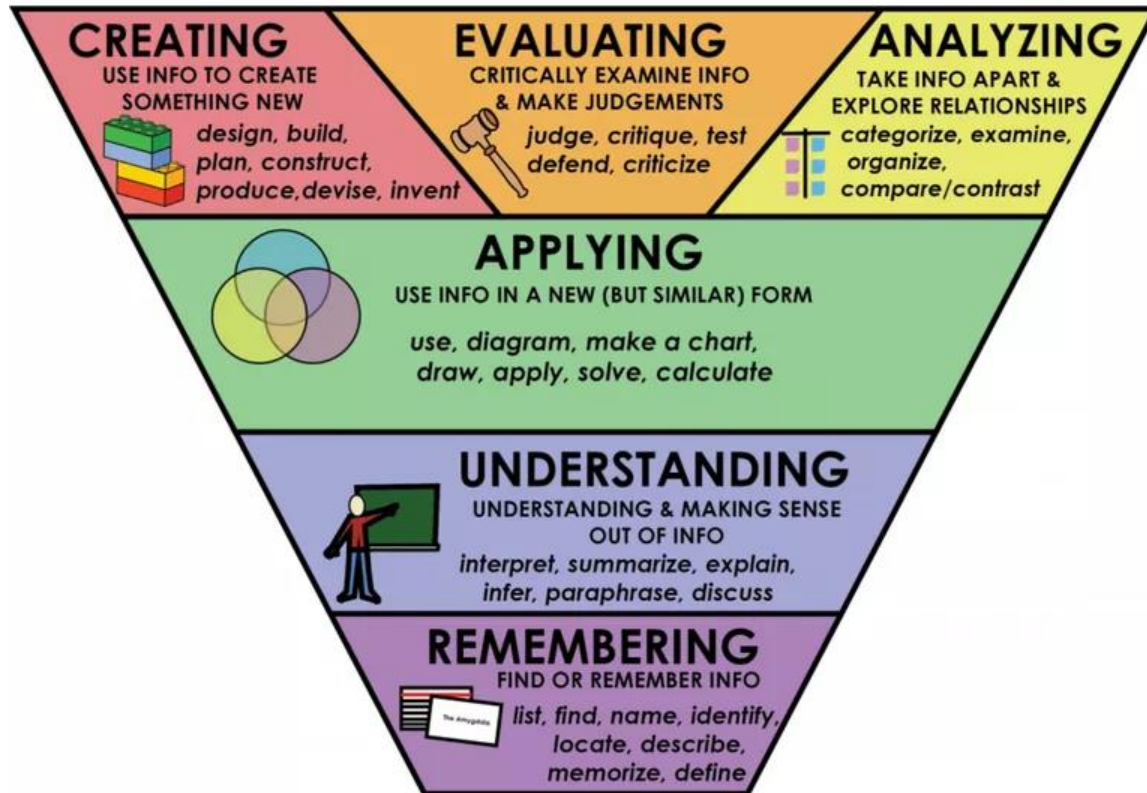


Image Source: <https://www.thoughtco.com/blooms-taxonomy-the-incredible-teaching-tool-2081869>

- University learning isn't about just memorizing information
- Involves deeper types of learning:
  1. Remembering
  2. Understanding
  3. Applying
  4. Analyzing
  5. Evaluating
  6. Creating

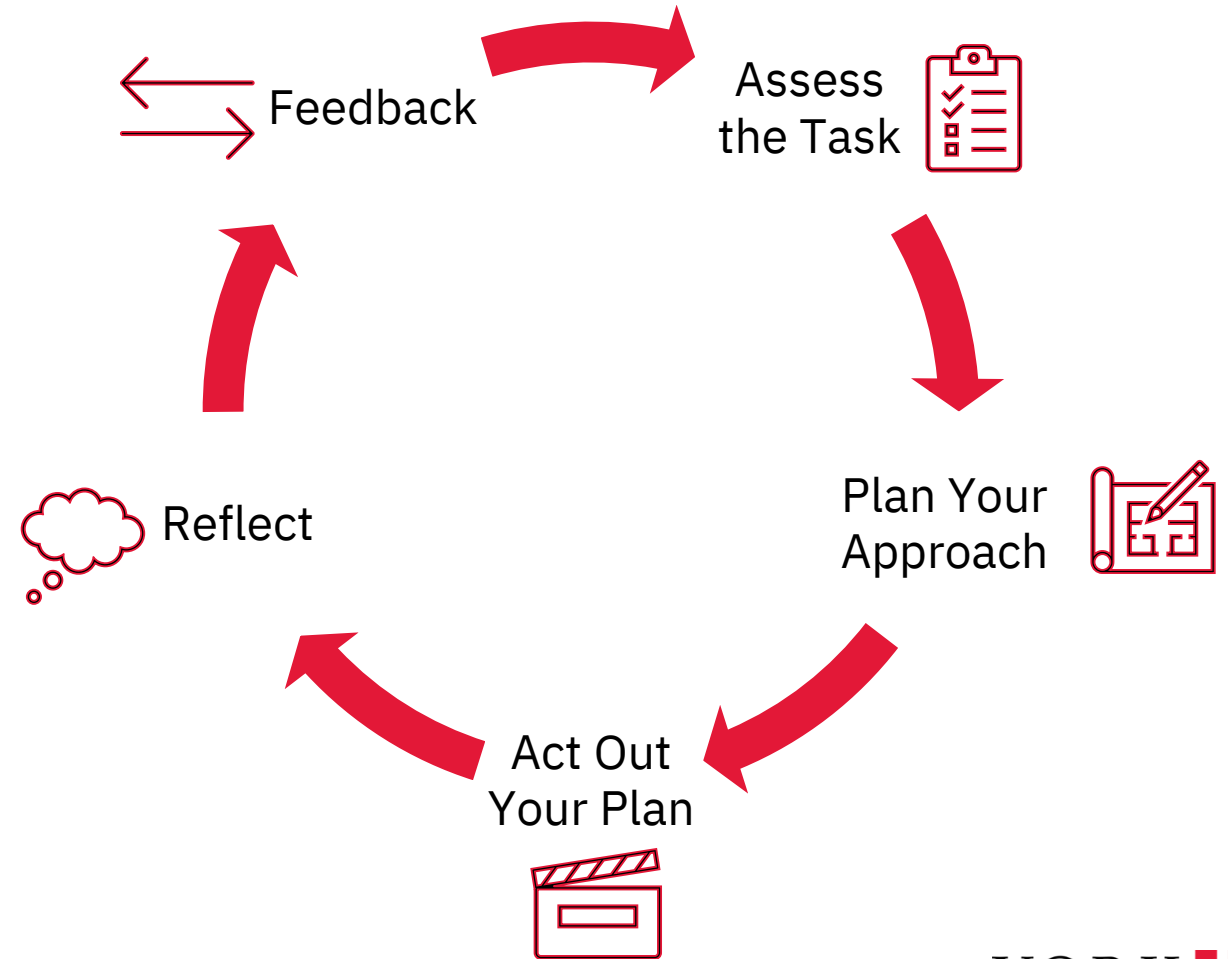
# 6

## Reflect on Your Learning

- Focusing not just on WHAT you are learning, but also HOW you are learning

Adapted From: Flavell, John H. (1985). *Cognitive Development (2<sup>nd</sup> ed.)*. Englewood Cliffs, New Jersey: Prentice-Hall.

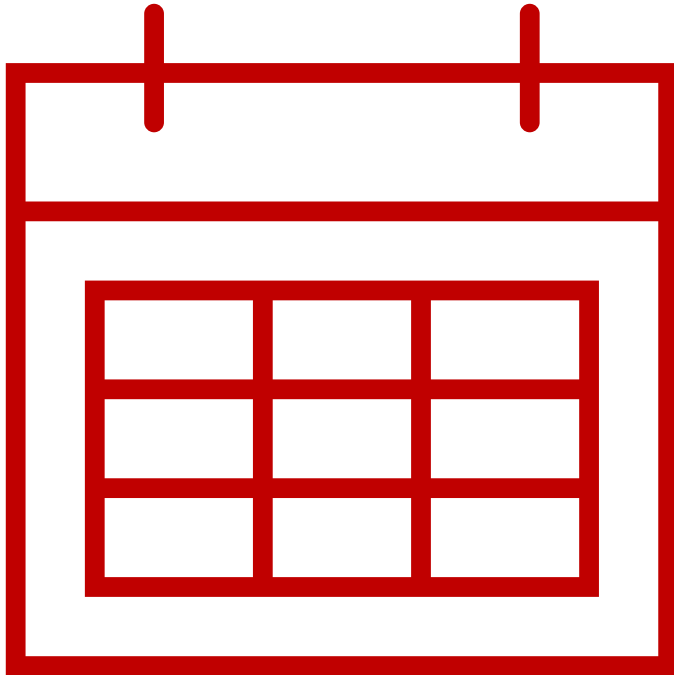
### METACOGNITIVE CYCLE





# 7

## Manage Your Time in University



- Not all learning takes place inside of the classroom
- Plan ahead

Learning Takes Time

# 8

## Build Your Academic Reading & Note-Taking Skills

- Academic reading and note-taking are part of the learning process
- Stay on top of your readings and notes
- Academic reading can be challenging - you can build your academic reading and note-taking skills, and we can help!



# 9

## Approach Learning with a Growth Mindset



- “Success” or “failure” not pre-determined fixed identities
- The power of “yet”
- Framing challenges as learning opportunities
- Celebrating effort, strategy and progress



# 10 Prioritize Your Well-being

- Staying healthy and balanced gives you the energy needed for academic success
- Student Counselling, Health and Well-being



The Wellness Wheel  
(Baldwin et al, 2017)



Well-Being is Essential for Academic Success

# Wrap-Up

VARI HALL



# 10 Tips from LSS for Getting Started at YorkU

(Strategies to build your “Senses of Student Success”)



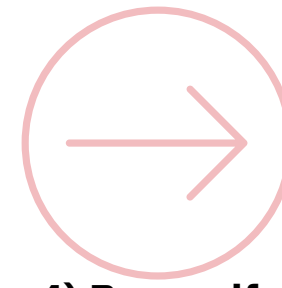
**1) Build your community**



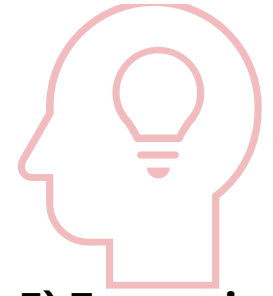
**2) Get to know your new environment**



**3) Use your course syllabus**



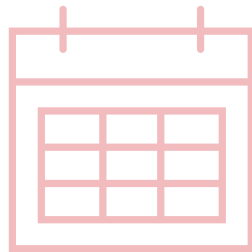
**4) Be a self-directed, active learner**



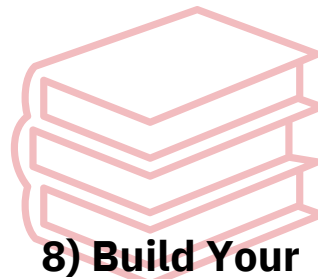
**5) Engage in deeper level learning**



**6) Reflect on your learning**



**7) Manage your time**



**8) Build Your Academic Reading & Note-Taking Skills**



**9) Approach Learning with a Growth Mindset**



**10) Prioritize Your Well-being**



## Your Feedback, Please!



<https://bit.ly/lss2025>

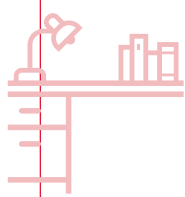
thanks for  
joining us!

Please take two minutes now to give us some feedback – Thank You!

# Additional Resources

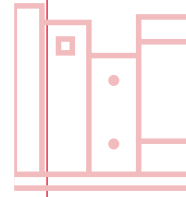


# Explore More of Learning Skills Services!



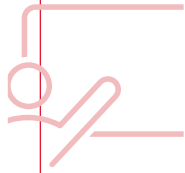
Learn more about Starting off Strong:

[www.yorku.ca/sclد/learning-skills/getting-started-with-university-courses/](http://www.yorku.ca/sclد/learning-skills/getting-started-with-university-courses/)



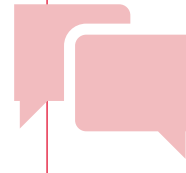
Explore our other Learning Skills Topics:

[www.yorku.ca/sclد/learning-skills/#help](http://www.yorku.ca/sclد/learning-skills/#help)



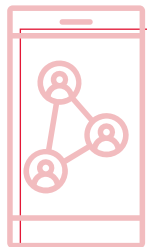
Register for Another Workshop:

[www.yorku.ca/sclد/learning-skills/workshops](http://www.yorku.ca/sclد/learning-skills/workshops)

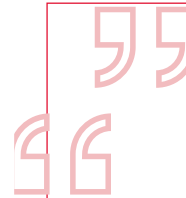


Visit us in the Learning Commons:

[www.yorku.ca/sclد/learning-skills/visit](http://www.yorku.ca/sclد/learning-skills/visit)



Follow-us on Social Media:  
@StudentLifeYU



Leave us a Testimonial:

[bit.ly/lss-testimonial](http://bit.ly/lss-testimonial)





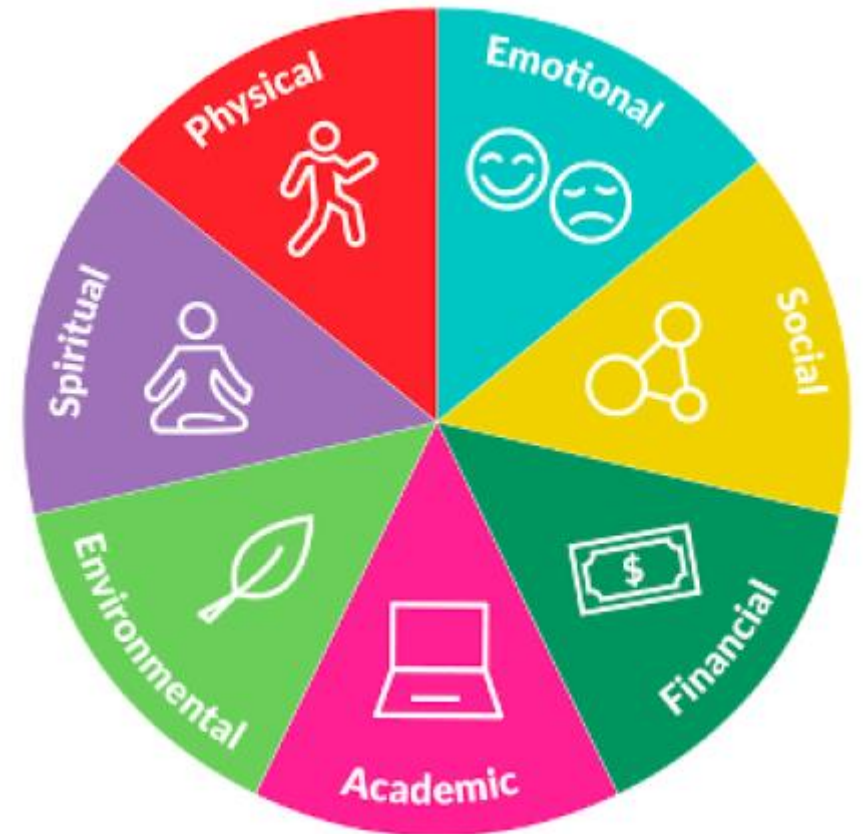
## Additional YorkU Resources for Starting off Strong

- [YU START](#): Helping new students prepare, connect, discover, believe & engage
- [START STRONG YU](#): Important information about the start of classes and using student services
- [STUDENTS GETTING STARTED](#): Help for all your computing needs such as eClass, Passport York, wireless access and others.
- [IMPORTANT DATES](#): Save these dates in your personal calendar to be aware of upcoming deadlines.
- [ACADEMIC ADVISING](#): Connect with your academic advisor for questions about course selection and degree progress.



# YorkU Well-Being Resources

- Well-being is part of all aspects of life
  - See “Wellness Wheel”
- Staying healthy and balanced gives you the energy needed for academic success
- [Student Counselling, Health and Well-being](#)
  - Supports students in realizing and developing their personal potential and manage the demands of university life
  - Same-day walk-in counselling
  - Skill Development & Health Education Workshops



The Wellness Wheel  
(Baldwin et al, 2017)



**Well-Being is Essential for Academic Success**

**Q & A**

Three light-colored wooden blocks are arranged in a row on a flat surface. The first block on the left has a large, bold, black letter 'Q' on its face. The middle block has a large, bold, black ampersand '&' symbol. The block on the right has a large, bold, black letter 'A'. In the background, a stack of several books is visible, slightly out of focus. The overall scene is brightly lit, creating soft shadows on the surface below the blocks.



A close-up photograph of a person's hands typing on a silver laptop keyboard. The laptop screen displays the Zoom logo in large, blue, stylized letters. The person is wearing a white long-sleeved shirt with blue stripes at the cuffs and has red nail polish. The entire image is framed by a thick red border.

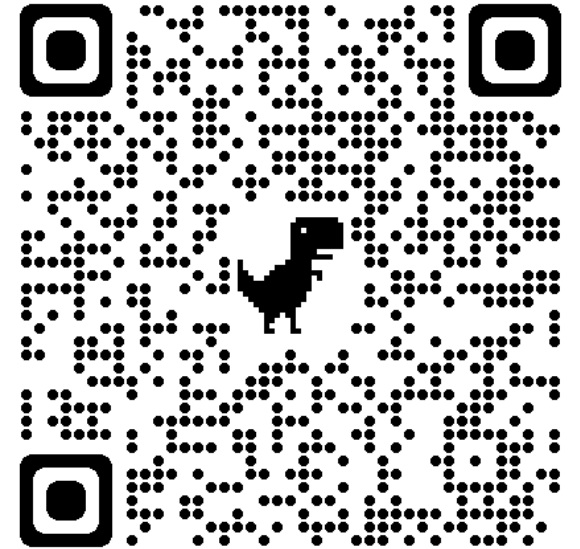
# Upcoming Webinars and Events



## Program: YI Meet Up

- **Date: May 16th, 2024**
- **Time: 10:00am – 11:00am (EST)**

YI Meet Up is a virtual social event that provides incoming or deferred students an opportunity to meet new people, make new connections and introduce them to campus life through a variety of activities, conversations and group initiatives. The program aims to ease the transition to York and to Canada and to help find a sense of community before even arriving.



# Global Peer Program Drop-In

## May Drop-in

Global Peer Program



Join the monthly drop-in for one-on-one time with a mentor (upper-year York student)! You will have the opportunity to connect with a mentor and ask questions.

Stop by any time between 9:00am – 10:30am!

- › **Day/Date:** Thursday May 23<sup>rd</sup>, 2024
- › **Time:** 9:00AM to 10:30AM EST
- › **Registration:** <https://yorku.zoom.us/meeting/register/tJIrd-qrrT4rHdy7X-Iuhkbd4b25t1FdWE1d>



# Pre-Arrival Webinar

## Travelling to Canada

### Wellness and Safety in Canada



The **Wellness and Safety in Canada** webinar provides students with information they need to know about available services and resources to live safely at York and in Toronto. We understand the importance for parents, families, and students to know how York University supports the safety of their students. Join us to learn of the many services available for you.

- › **Date:** Wednesday May 29<sup>th</sup>, 2024
- › **Time:** 9:00AM to 10:00 AM
- › **Registration:** [https://yorku.zoom.us/meeting/register/tJUodeqqqjMtGdHhZooYPAcWHNrC\\_WZ4GcQv#/registration](https://yorku.zoom.us/meeting/register/tJUodeqqqjMtGdHhZooYPAcWHNrC_WZ4GcQv#/registration)

# Global Peer Program Community Event

## May Community Event

Global Peer Program

**Theme:** Academic Resources



Monthly community events will focus on a specific theme which support your successful transition to York University and Canada. You will have the opportunity to meet other new international students and connect with GPP mentors in a small group setting.

- **Day/Date:** Friday, May 31<sup>st</sup>, 2024
- **Time:** 9:00AM to 10:30AM EST
- **Registration:** [https://yorku.zoom.us/meeting/register/tJ0qdOuhrij8jHNHc4\\_kEJbxHKkBk3q9l0dVg#/registration](https://yorku.zoom.us/meeting/register/tJ0qdOuhrij8jHNHc4_kEJbxHKkBk3q9l0dVg#/registration)

# Pre-Arrival Webinar

## Building Your Timetable

### Studying in Canada

**SEARCH COURSE TIMETABLES**

Course Code  
↓ Subject Credit value  
**GLPSYC 2510 6.00** Introduction to Psychology  
Faculty Course Code

passport YORK LOGOUT  
All About Passport York

**Course Description:**  
An overview of the discipline of psychology, which includes sensation and perception, learning and behaviour modification, social psychology, developmental psychology, personality, motivation, abnormal psychology and psychobiology. Note: This course is required for all students who intend to pursue additional courses in psychology at the 2000, 3000 and 4000 levels. Students must pass the course with a minimum grade of C (4.0) in order to pursue further studies in psychology. Under exceptional circumstances, non-majors who have not obtained a minimum grade of C (4.0) in GLPSYC 2510 6.00 may apply for special consideration to enrol in an upper-level psychology course for which GLPSYC 2510 6.00 is a prerequisite. This application should be made to the Glendon psychology department chair. Course credit exclusion: HH/PSYC 1010 6.0

**Language of Instruction:**  
English

Term and Section  
**Term Y Section A**

Seats Available: Remaining seats may be restricted.  
Section Director: Richard N Lalonde

Catalogue Number

Type	Day	Start Time	Duration	Location	Cat #	Instructor	Notes/Additional Fees
LECT 01	W	9:00	180	YH A100 (Glendon campus)	H68X01	Richard N Lalonde	

The **Building Your Timetable** webinar provides students with the information they need to know about course enrollment, important considerations when building their timetables, as well as a chance to meet with faculty supports.

- **Date:** Wednesday June 12<sup>th</sup>, 2024
- **Time:** 9:00AM to 10:30 AM
- **Registration:** <https://yorku.zoom.us/meeting/register/tJwofuuupjgiG9XirabjZi2-Y6i6qEM5upRq#/registration>



# York International Event Calendar





# FOLLOW US

**YORK U**  
**INTERNATIONAL**

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 [@yorkuintlstdnts](https://@yorkuintlstdnts)

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**Thank you!**

