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Health Dental & Plan

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@yfslocal68
yfs.ca/healthplan



YFS has got you covered!

The YFS offers a very comprehensive student health and dental plan all at a low cost to students. The plan has coverage that includes: basic dental care, vision care, prescription medication, mental health services, travel insurance and more.

Most full-time undergraduate students are automatically enrolled in the plan, however students should always check their Student Account Statement to confirm enrollment before undergoing treatments or purchasing services and medications.

The YFS Health and Dental Plan is a mandatory fee, but if you have comparable insurance, you can opt-out for a refund or coordinate your insurance benefits.

Fall semester opt-out and opt-in deadline:

OCTOBER 13, 2023

Winter semester opt-out and opt-in deadline:

FEBRUARY 2, 2024

To opt into or out of the YFS Health Plan please visit yfs.ca/healthplan

If you do not fill out the forms entirely you will not be opted-out or opted-in to the Health and Dental Plan.

 **80%**
UP TO \$1000

 **75%**
UP TO \$600

 **\$50**
PER VISIT
UP TO \$600

ACUPUNCTURE – PHYSIOTHERAPY
MASSAGE THERAPY

 USUAL & CUSTOMARY CHARGES (U&C) PER VISIT UP TO \$650
CHIROPRACTIC CARE

 **NEW**
\$125
PER VISIT UP TO 15 VISITS (+ AN ADDITIONAL 5 USING INKBLOT)
PSYCHOTHERAPY

 **\$75**
EYE EXAMS
AND \$100
GLASSES


Green Shield Canada

The YFS works with the insurance company, Green Shield Canada, to coordinate the Health Plan. To submit a claim to GSC, students can create an online account at www.greenshield.ca

Perks of registering with Green Shield Canada online:

- ◆ Get your money back faster via direct deposit
- ◆ Submit your claims online
- ◆ View your claims history
- ◆ View your benefits online

yfs.ca/healthplan

	1-888-711-1119 greenshield.ca
Plan Member ID: YFS _____ 00	<small>student number</small>
Name: _____	
Section/Division: YFS	Policy #: 11111
ID/Certificate #: _____	<small>student number</small>