University of Essex
Exchange Programme

Essex Abroad
Exchange Programme – Student Information

Session Overview

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- Useful Links
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Our Campus Locations
Our campuses

- 3 campuses - Colchester, Southend and Loughton. As exchange students, you will either study in Colchester or Southend
- Located in the County of Essex, in East Anglia, South Eastern England
- Some of the best weather in the UK!
Colchester Campus

- Friendly, lively campus
- Set in 200 acres of parkland
- Less than 1 hour from London by train
- 6 airports within 2 hours
- Plenty of accommodation options
Colchester

- History - Britain’s ‘First City’, History dates back over 2000 years. Important Roman sites and ruins. Colchester was home to Britain’s only known Roman Chariot Racing Track.

- Great places to visit - [Colchester Castle](#) in the beautiful Castle Park and [Colchester Zoo](#) set in beautiful parkland and lakes.

- Near to the coast – [Wivenhoe](#), [Mersea Island](#), [Clacton-on-Sea](#), [Frinton](#), [Walton](#) and [Brightlingsea](#).

- Feeling cultural? Visit [Mercury Theatre](#), [Colchester Arts Centre](#) and [First Site](#).
Southend Campus

- Campus in the heart of a vibrant and modern seaside town
- Lively campus, state-of-the-art facilities
- 55 minutes from London by train
- Longest **pleasure pier** in the world!
- For students taking modules in East 15 Acting School and selected Essex Business School modules only.
Essex Life
Why Essex?

- Essex Spirit – friendly, encouraging atmosphere and great support.
- Academically rigorous and a wide range of departments and modules to choose from
- Social life - many societies and sports to participate in and events through the year
- International - Over 15,000 students from over 140 countries
- We welcome over 400 exchange students to Essex every year
Facilities

- 24 hour computer labs
- Bookable Study Spaces
- Listen Again
- IT Helpdesk
- University Skills Centre
- 24 hour Library in Colchester
- State of the art laboratories and research facilities
Support Services

- Essex Abroad team (us!)
- Study Support
- English language support
- Careers Hub
- A multi-faith chaplaincy
- NHS Medical Centre
- Peer Mentors
Mental and emotional health

- Nightline
- Student Wellbeing and Inclusivity Service
- Validium – 24 hour student wellbeing support line
- Silver Cloud – mental health programme
- Mindfulness and wellness activities
- Counselling
- Mentoring
Arts

- A theatre on each of our campuses
- Live music
- Film screenings – Cine 10
- Exhibitions at Art Exchange
- Rebel - Newspaper, Radio and TV station
- Societies
Sports

- State of the art gym and Sports Arena
- Climbing wall, courts, studios and outdoor pitches
- Sports clubs and teams open to all
- Derby Day - annual day of sporting competition between the Essex Blades and University of East Anglia
- Try something new!
Students’ Union

- Owned and loved by students
- All students are automatically members
- Social events – from Welcome Week onwards
- 130+ societies, 40+ Sports Clubs
- 5 Shops, 2 Bars, Cinema and nightclub
- Farmers market every Thursday

Students’ Union offers:
- Help with your studies
- Advice and support
- Events – Welcome Week onwards
- A platform for you to be heard
- Find out more about the SU [here](#).
Students’ Union Societies


Exchange Programme
Exchange Programme

- We welcome around 400 students from around the world each year to study abroad at Essex and offer them an outstanding experience. As part of our international community you’ll gain a unique experience within an academically challenging environment.

- **Pastoral Support** – Our Essex Abroad team provides pastoral support before, during and after your time with us.

- **Academic Support** – each academic department has a Study Abroad Officer on hand to provide academic advice and help students settle into their department(s).
Exchange Programme Options

- **Autumn Term (October – December)**
  Usually 4 modules totalling 60 Essex credits [30 ECTS]

- **Spring/Summer Term (January – June)**
  Usually 4 modules totalling 60 Essex credits [30 ECTS]

- **Academic Year (October – June)**
  Usually 8 modules totalling 120 Essex credits [60 ECTS]

- **Calendar Year (January - December)**
  Usually 8 modules totalling 120 Essex credits [60 ECTS]
Academic Modules

- Our exchange programme enables you to select modules across multiple departments and take modules of all levels, depending on prior experience. This will also depend on our agreement with your home university.

- All modules will need to be approved by our Department Study Abroad Officers

- Our Module Directory lists all modules available to Essex Abroad students, and any pre-requisites: essex.ac.uk/modules
### OUR DEPARTMENTS

Study Abroad and Exchange students can take modules in the following departments:

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<th>Faculty of Science and Health</th>
<th>Faculty of Social Science</th>
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<td>East 15 Acting School</td>
<td>School of Biological Sciences</td>
<td>Department of Economics</td>
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<tr>
<td>Department of History</td>
<td>Department of Mathematical Sciences</td>
<td>Essex Business School</td>
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<tr>
<td>Department of Literature, Film, and Theatre Studies</td>
<td>Department of Psychology</td>
<td>Department of Government</td>
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<td>School of Law</td>
<td>School of Computer Science and Electronic Engineering</td>
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<td>School of Health and Social Care</td>
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<td></td>
<td>School of Sport, Rehabilitation and Exercise Science</td>
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</table>
Faculty of Humanities

- East 15 Acting School
- Department of History
- Department of Literature, Film, and Theatre Studies
- School of Law
- School of Philosophy and Art History
Faculty of Science and Health

- School of Biological Sciences
- Department of Mathematical Sciences
- Department of Psychology
- School of Computer Science and Electronic Engineering
- School of Health and Social Care
- School of Sport, Rehabilitation and Exercise Science
Faculty of Social Science

- Department of Psychosocial and Psychoanalytic Studies
- Department of Economics
- Essex Business School
- Department of Government
- Department of Language and Linguistics
- Department of Sociology
Apply to Essex
Apply to Essex

- If you wish to join our exchange programme, you will need to be nominated by your home university

- Apply easily via our online Exchange Application Form

- **Application Deadlines**

  End of May for October entry

  End of October for January entry
Entry Requirements

Academic Requirements
 We require students to be in good academic standing at their home institution
 Students must also meet any pre-requisites for the modules they would like to take

English Language Requirements
 IELTS 6.0 with a minimum of 5.5. in each component
 TOEFL iBT overall score 76 with 17 in listening, 18 in reading, 20 in speaking and 17 in writing
 We may be able to consider other certificates and qualifications
Accommodation

Full year students

- If you study at Essex for the full academic year, you are eligible for University accommodation providing you apply by the accommodation deadline.

Term only students

- You may be eligible for University accommodation, however, spaces are limited.
- Some applicants are required to find off campus accommodation. We will provide information about this if required.
- You will receive information about accommodation options available to you in our Next Steps email following your acceptance of your place at Essex.
Accommodation

- All single occupancy bedrooms
- En suite rooms available
- High speed internet connection, communal kitchens and a cleaner every weekday
- Range of accommodation options
- Single-gender accommodation available
- Free Essex Sport gym membership include
- Rent charges range between £110-£180 per week

More information about on-campus accommodation can be found here: [https://www.essex.ac.uk/life/accommodation](https://www.essex.ac.uk/life/accommodation) [https://www.essex.ac.uk/life/colchester-campus/accommodation](https://www.essex.ac.uk/life/colchester-campus/accommodation)
Term Dates
Term Dates 2023-24

Autumn Term

- Welcome: Monday 2 – Friday 6 October 2023
- Classes start: Monday 9 October 2023
- Autumn Term ends: Friday 15 December 2023
- Exam period (AU only students): December 2023 (in person) / January 2024 (online). You may have a combination of in person and online.
- Future terms dates can be found on the key dates area of our website
Term Dates 2023-24

Spring/ Summer Term

- Welcome: Thursday 11 - Friday 12 January 2024
- Classes start: Monday 15 January 2024
- Spring Term ends: Friday 22 March 2024
- Easter break: 23 March – 21 April 2024
- Summer Term (revision classes and exams only): Monday 22 April - Friday 28 June 2024
- Exam period (FY students): Mid May - beginning June 2024 (not all students will have exams)
Links
**Links**

- **Accommodation** – [https://www.essex.ac.uk/life/accommodation](https://www.essex.ac.uk/life/accommodation) or [https://www.essex.ac.uk/life/colchester-campus/accommodation](https://www.essex.ac.uk/life/colchester-campus/accommodation)
- **Module Directory** – [https://www1.essex.ac.uk/modules/](https://www1.essex.ac.uk/modules/)
- **Exchange Programme** – [https://www.essex.ac.uk/study-abroad/incoming-students/exchange-programme](https://www.essex.ac.uk/study-abroad/incoming-students/exchange-programme)
- **Covid-19** – [https://www.essex.ac.uk/student/covid-19](https://www.essex.ac.uk/student/covid-19)
- **Immigration** - [https://www1.essex.ac.uk/immigration/enquiry/](https://www1.essex.ac.uk/immigration/enquiry/)

- **Website:** [https://www.essex.ac.uk/study-abroad/incoming-students](https://www.essex.ac.uk/study-abroad/incoming-students)
- **Facebook:** [https://www.facebook.com/uniofessex/](https://www.facebook.com/uniofessex/) (main university account) [https://www.facebook.com/EssexAbroad/](https://www.facebook.com/EssexAbroad/) (Essex Abroad)
- **Instagram:** @uniessex (main university account) @abroadatessex @essexabroad (Essex Abroad)
Colchester Campus

Choose from our 360 tour, videos, and galleries, below to take a look around

Check out virtual tours, interactive maps and get a taste of what life on our Colchester Campus is like [HERE](#)
Check out a virtual tour of our Southend Campus and the surrounding areas [HERE](#).
Contact us at - incomingexchange@essex.ac.uk
Instagram - @abroadatessex and @essexabroad
Any questions?

Essex Abroad
incomingexchange@essex.ac.uk

essex.ac.uk