

## SUSTAINABLE VIETNAM

- Participants:** Undergraduate students from any majors
- Nationality:** International
- Tentative dates:** 21 days, start on Thursday.
- Acc:** 3 star Hotel, guest house, homestay, trekking tent
- Language:** English
- Program fee:** Program fee for the group of 10+ students: 2852 USD/student.  
 Program fee for the group of 15+ students: 2445 USD/student.  
 Program fee for the group of 20+ students: 2241 USD/student.  
 Additional fee for single room request per student: 450 USD.  
 Program fee for 01 faculty joining with the students: 2911 USD/faculty.  
 Additional night before/after the program, single request: 70 USD/night.
- Fee covers:**
- Accommodation: 3 star hotel, single room for the faculties, twin room for the students. Breakfast, wifi are included.
  - Program activities as described in the itinerary
  - Honorarium to the guest speakers
  - Airport transfer and other transportation during the program.
  - Visa application guidance
  - Orientation, pre-departure orientation
  - Welcome and Farewell dinners and other meals as listed in the itinerary.
  - Local students engagement - SEA fund (Student Exchange Association).
  - On site program coordinator with 24/7 support
  - Tips for excursion days
- Fee Exclusions:** International flights. Personal expenses.  
 Visa stamping fee (25 USD)  
 Baggage, Passports...

## Program Itinerary:

Day	Activity	Description	Inclusion	Note
Thur/1	Arrival	Students will be picked up from the airport, take to the hotel for check in.	Airport pickup, hotel night.	
Fri/2	About Vietnam	Students will together join an orientation talking about Vietnam, the program content and health, safety; dos and don'ts in Vietnam. In the afternoon, they will spend time at a local university to learn more about Vietnam's politics and culture as well as join a culture exchange session with the local university. In the evening, the students will have a welcome dinner with local students.	Classroom, Guest lecture, Culture exchange, Hotel, Coach. Welcome dinner. Breakfast.	
Sat/3	City tour	The students will join a city tour with local students to learn about Saigon - its history, lifestyle and belief.	the tour, entrance tickets, coach, lunch. Breakfast.	
Sat/4	Free day	The students are encouraged to spend this day to explore the city with the local buddies.	hotel and Breakfast.	
Mon/5	Sustainability: Environment	The students will visit different NGOs to learn about their activities doing for a better environment in Vietnam. NGOs and companies such as: CHANGE, GreenViet, Solar BK, Shire oak international, INDEFOL solar, Vietnamzerowaste	Coach, hotel, breakfast.	2-3 companies to visit
Tue/6	Sustainability: Transportation and Agriculture	The students will visit an IT company (Phenikaa) who provides smart solution for massive transportation. And in the afternoon, an expert will share a solution for sustainable food and farming community.	Coach, classroom, hotel, breakfast,	The students will have dinner on their own, and check out the hotel, get on the bus with beds travelling to Bidoup national Park. Bus starts at

				12.30am.
Wed/7	Natural reservation: How to protect the Forest, the Nature while maintaining the unique culture of minority group people.	<p>Arrive at Bidoup National Park around 8am. The group will have breakfast, coffee from highland, and visit the Center for Ecotourism &amp; Forest Environment Education to learn about the project: From Hunter to Ranger. From the center, the Uaz car will take the students to Da Blah Village where they can enjoy peaceful rural life among the vast pine forests of Lang Biang Plateau; Experience weaving brocade, carving traditional patterns of the K'ho people. Have lunch together, check in rooms at the center, and join the seminar: Live no trace - skills and what they should know when trekking and doing activities in the forest. Dinner will be a camp fire, cook together, enjoy "Cộng Chiêng Cultural Space of the Central Highlands" - recognized by UNESCO as a Masterpiece of Intangible and Oral Culture of Humanity; sharing and talking with local hill tribe people about customs and rituals (wedding, funerals...)</p>	Transportation, breakfast, lunch, dinner, guest house rooms, activities.	Guest house photos

Thu/8	Trekking to IAR JIENG village	Have breakfast and enjoy a cup of hot K'Ho coffee; prepare backpack and start the hiking of around 10km to the Iar Jieng village, the hidden one of K'ho people. Enjoy Picnic lunch, camp in the village and experience making rice with a mortar, bathing in streams, catching fish and more. Prepare dinner together, and talk with local people to learn how they preserve their culture identity without affecting the nature.	Breakfast, lunch, dinner. Sleep in tents.	What we provide and what you need to prepare.
Fri/9	Sustainable Agriculture Model, back to Saigon	The students have breakfast and trek back to the Center, have a shower, refresh and Lunch at the center before the Uaz cars take them to Fresh Studio - an agriculture technology company. The students then spend time at Da lat center for a free and easy dinner, seeing the night market and get on bus with beds back to Saigon.	Breakfast, lunch. Transportation.	Sleep on car.
Sat/10	Free day	Arrive in Saigon in the early morning, hotel check in, and Free	Hotel, breakfast	
Sun/11	Free day	Recommended to spend time with the local students.	Hotel, breakfast	
Mon/12	Sustainable Vietnam: Mental Health. Companies with sustainability.	The students will attend a guest lecture sharing by an expert about Mental health issue in Vietnam, an emerging problem in a developing country like Vietnam. In the afternoon, the students will visit a company who has different ways toward to a GREENER environment via CSR activities and how to make their company to be more Green.	Hotel, breakfast, coach.	suggested companies to visit: Institute of Population, health and development. Heneiken/cocac ola/Vinamilk.
Tue/13	Start up	the students will visit a start up incubation/fund to learn criteria on selecting projects/initiatives to invest. Visit start up models for	Hotel, breakfast, coach.	Suggested companies to visit: Ascend; Plastic people,

		sustainable development.		EQUO Vietnam; Veca;
Wed- Fri/14- 16	Sustainability in Mekong Delta region	Mekong Delta is the most affected region by climate change in the world. It is more dangerous when this is the rice producer to the World threatens to the food security. A trip to this region will help the students learn how the local life being affected by the climate change, what they are doing to adapt with the sea rising level, while learning about their culture, very unique different with the one from the city and the mountains. The students will visit rice market, brick yard, some traditional handicraft villages, learn how to cook local food, visit an ancient house and stay in a homestay. The group arrives in Saigon around 4pm on Friday, check in hotel, and have free evening.	Homestays, Breakfasts, dinners, lunches, transportation and visits, activities. Hotel.	Photos of the homestays
Sat/17	Free day	Prepare for their final presentation	Hotel, breakfast	
Sun/18	Free day	Prepare for their final presentation	Hotel, breakfast	
Mon/1 9	Community day	The group travels to Can Gio Mangrove Restoration Project: visit the center for environment education, communication and ecotourism. Visit Shrimp farm, travel by boat through mangrove forest, together planting mangrove.	Hotel, breakfast, community fund, coach, tour.	
Tue/20	Final presentation	The students work in a group of 3-5 to present about: 1. Suggestions for Vietnam to be more sustainable. Any ideas from Australia that can be applied in Vietnam? 2. Initiatives/start up ideas for either better Vietnam or better Australia. The group has a farewell dinner with	Hotel, breakfast, dinner	

		local buddies.		
Wed/ 21	Airport see off	Airport see-off is arranged for the students	Breakfast, coach.	

### Photos for the program.

#### **What to prepare:**

1. ID, Health Insurance Card
2. Backpack (20L or more) with the rain cover. Recommended to use hiking backpack
3. Sports shoes (Hard sole). Recommended to use hiking shoes
4. Sandal
5. Outdoor sportswear. Recommended to use quick-drying type and thermal clothes
6. Light, long, warm or heated socks
7. Outdoor Jacket, for highly aerobic, extremely wet
8. Light raincoat. Recommended to use the outdoor type
9. Hat. Recommended to use the outdoor bucket hat.

#### **Optional**

1. Cellphone and Backup charger
2. Flashlight or Head torch
3. Warm gloves
4. Personal medicine
5. Tissue

#### **IMPORTANT:**

Students with the following diseases are recommended NOT to join this trip unless they have an agreement from the doctor.

1. Cardiovascular disease (CVD)
2. Osteoarthritis (OA)
3. Musculoskeletal conditions
4. Medications Atopic dermatitis, Venoms/stinging insects, Latex allergic.

#### **Payment:**

Payment method: Payment shall be made with bank transfer, and in USD.

Payment schedule: The total program fee is made in 2 (two) installments:

Deposit: Thirty (30) percent of the total program fee is due sixty (60) days before the departure date (from your country to Vietnam).

Full payment: Seventy (70) percent of the total program fee is due thirty (30) days before the departure date (from your country to Vietnam).

ABROADER will issue an invoice and remind partner about the deadline for each installment.

**Cancellation and Refund:**

Each party reserves the right to cancel the program by announcing the termination to the other party 10 days in advance via a written document or certified email. The cancellation will be noted based on the date the other party receives the notification. And Refund policy will be applied.

**Refund:**

The first installment is not refundable in any case.

It will be refunded 50% of the full payment if the cancellation notified after the second installment and 15 days before the departure date.

No refund is applied if the cancellation received after 15 days before the departure date.

State Department Travel Warning: In the event of a State Department Travel warning, which advises the citizens not to travel to Vietnam prior to the start of the program, ABROADER will refund 50% of the total program fee. In the event of a State Department Travel warning, which advises the citizens not to travel to Vietnam after the start of the program, no refund will be issued.

