

University Health Insurance Plan FAQ

COMMONLY ASKED QUESTIONS ABOUT UHIP

Please visit the [UHIP website](#) for more detailed information.

› Do I need to enrol in UHIP? How do I enrol?

All international students who are registered in courses for the Fall/Winter 2023-24 term are automatically enrolled in UHIP. If you have not yet enrolled in your courses, please do so as soon as possible. If you have dependents (partner/spouse or children) with you in Canada, they can also be added to your plan. Visit the UHIP website for more details.

UHIP coverage officially begins on Sept. 1, but it can start as early as Aug. 10. If you will arrive in Canada before the beginning of September, please advise the York International team through the Fall 2023 International Student Confirmation Form. If you have already completed the form and your information remains the same, no additional action is required.

› How do I get a UHIP card?

Once UHIP enrolment is complete, your UHIP card will be emailed to your @my.yorku.ca email address. Please check your Junk or Spam folders if you don't receive the notification message by mid-August. Students will continue to be enrolled throughout the summer and fall terms. For info on how to access your Yorku email, check out [UIT's website](#).

› How do I use my UHIP coverage?

1. Print your UHIP card (sent to your YorkU email)
2. Present your UHIP card at a preferred clinic/hospital/lab (use [uhip.ca](#) to find a preferred provider)
3. They will bill UHIP directly

If you visit a non-preferred provider, pay for services out of pocket and apply for a reimbursement from UHIP (instructions on [Submit a claim - UHIP/RAMU](#))

› How much do I have to pay for UHIP?

The premium for the 2023/24 academic year is \$63.00 per month, per person (\$756.00 for 12 months).

› What is Extended Health coverage?

Please refer to [UHIP website](#) → Resources → YFS/GSA extended health plan

› **How do I pay for UHIP? Can I pay it all at once or monthly?**

Once you are enrolled in UHIP, your UHIP fees will appear on your student account. When you see the charges on your student account, you will be responsible for the outstanding balance. Payment for UHIP fees is made the same way tuition is paid. For more information on how and when to pay, please visit: <https://sfs.yorku.ca/fees/your-student-account/how-and-when-to-pay>

Note: It is your responsibility to check your student account and ensure payment of your outstanding balance.

› **Does UHIP cover dentist/prescription drugs/massages/etc.?**

UHIP covers basic medical costs such as doctor's visits, emergencies, lab tests, etc. Generally, if you visit a clinic or hospital or lab, it will be covered under UHIP.

UHIP does not cover prescription medicine, dentist fees, eyeglasses or contact lenses, physiotherapy, massage therapy, psychologists, therapists, etc. These medical costs are covered through your extended health plan, which is administered by your student union.

› **Who can I contact about my Extended Health coverage?**

Your extended health plan is administered by your student union.

- Undergrad students: [York Federation of students \(YFS\)](#)
 - Email: yfshp@yfs.ca
- Grad students (non-TA): [Graduate Student Association \(GSA\)](#)
 - Students who were previously out of Canada and are now returning for the first time this academic year must contact the health plan office within 30 days of their arrival to get enrolled in the YUGSA plan.
- Grad students (TA): [provided through CUPE as an employee](#)