

UNIVERSIDAD SAN FRANCISCO DE QUITO

USFQ SUMMER SCHOOL

Health
and
Liberal Arts

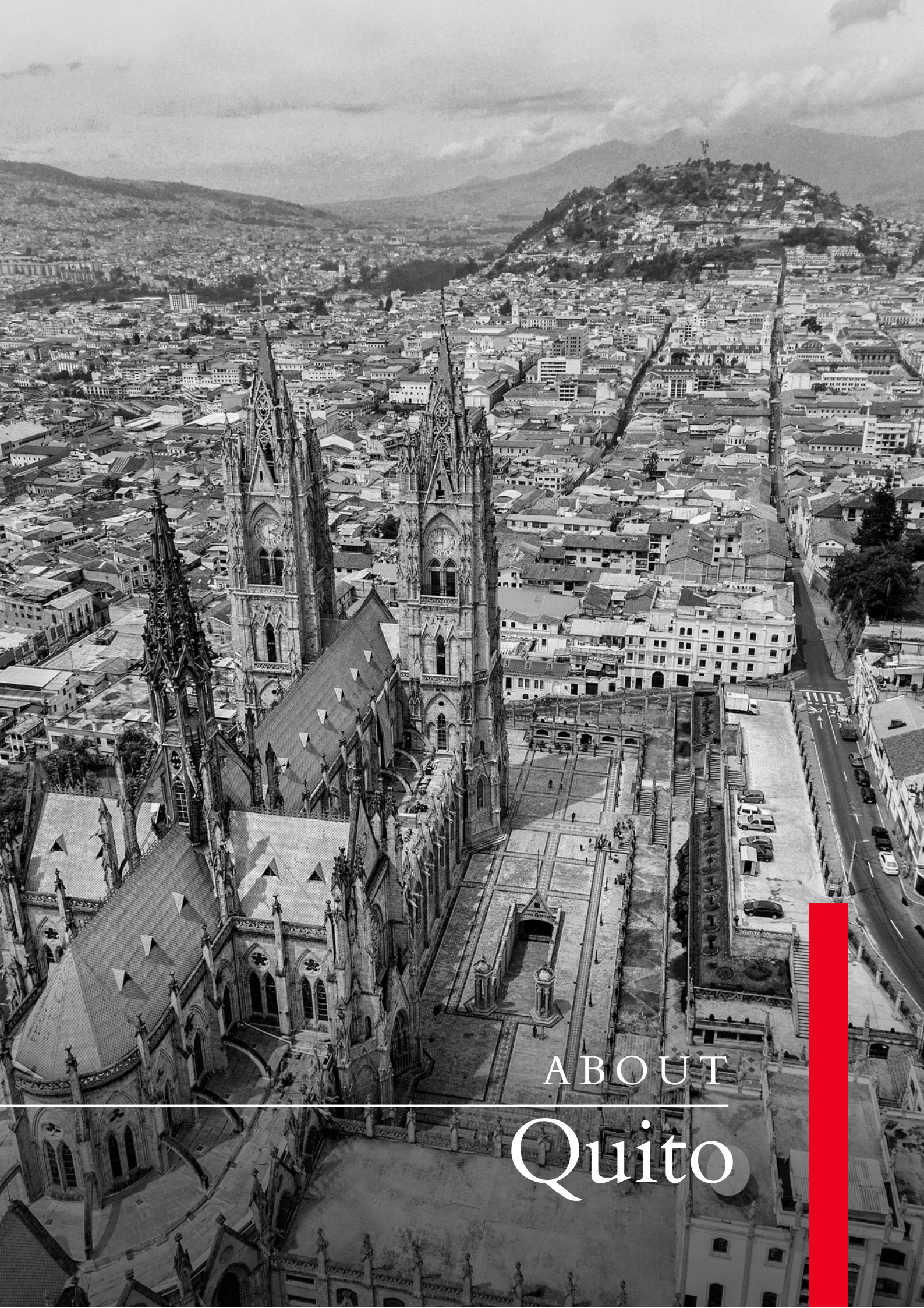
Cumbayá – Quito



CAMPUS USFQ
Cumbaya- Quito



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ABOUT
Quito



Quito

Ecuador

The first World Cultural Heritage Site in the world, declared by UNESCO in 1978. Quito has been nominated as South American Leading Cultural city Destination by World Travel Awards several times.

Quito was founded on the ruins of an Inca city and has the best preserved and least altered historic centre in Latin America.

In here you can find some examples of the "Baroque school of Quito" or *Escuela Quiteña*, which mixes the European and indigenous art visible in: architecture, sculpture and painting.

Quito's key information

Altitude: 9 350,4 ft above sea level

Time zone: UTC - 5


Currency: US dollar

Weather

Temperature ranges from 55°F at night, to 78°F at noon

During the day temperature averages around 64°F

It is advisable to have a light raincoat since rains can be unexpected



Program Overview

The USFQ Summer School offers a number of globally relevant and hands-on learning opportunities for international students. This 6-week summer course is designed to provide a broad and integral understanding of health in the context of creative problem solving, with an interdisciplinary approach.

The course is divided into two modules, the **first three weeks “Health and Liberal Arts”** will develop the concept of health within the Ecuadorian context, from a social, cultural and environmental perspective, as well as providing an overview of the health system, mental health and other challenges that can be applicable for a broad range of disciplines.

The **second 3-week module “One Health”** will focus on human health as a part of a shared environment with animals and the environment. Human populations growing and expanding into new geographic areas and needing more resources, leading to concerns with food and water supply and conditions. New interactions leading to emerging zoonotic diseases and disruption of previous environmental condition, create new scenarios for threats to human, animal and environmental health.



Academic Courses

First Module: Health and Liberal Arts (Weeks 1-3)

Dates: May 29 to June 19

Language: English

Campus: Cumbayá - Quito

Credits: 3

Academic Background: College students interested in health

Content:


Week 1

- Induction/Orientation
- Introduction to the concept of Health and One Health
- Ecuador Context (Environment, social, cultural, public health)
- Creative problem solving, critical thinking to propose a problem/objective based on the Ecuadorian Context

Week 2

- Health Anthropology: social, cultural, biological, and linguistic approach to better understand influence of these factors on health and well being.
- Prevention and treatment of sickness, healing processes, social relations of therapy management, and the cultural importance and utilization of pluralistic medical systems. Indigenous culture and health concepts.
- Principles of bioethics with cultural competence.

Week 3

- Health systems and health economy
 - Telehealth as an integral aid in improving access.
 - Maternal and Child Health
 - Mental Health
- 



Academic Courses

Second Module: One Health (Weeks 4-6)

Dates: June 18 to July 9

Language: English

Campus: Cumbayá - Quito

Credits: 3

Academic Background: College students interested in health

Content:


Week 4

- Understand the concepts of One Health with a thorough introduction to the challenges and opportunities related to the One Health approach.
- Epidemiology, source tracking, risk and disease burden assessments, intervention options, and cross-disciplinary prevention and control scenarios, approach from various disciplines.
- Environmental factors that affect human health (Air pollution, Climate change and natural disasters, Diseases caused by microbes, Lack of access to health care, Poor water quality)

Week 5

- Emerging Zoonotic diseases: genetic evolution, demographic changes, environmental conditions, and climate changes affecting the ecosystem.
- Tropical diseases, drug resistance, impact on human and animal health issues related to microbial and chemical contamination

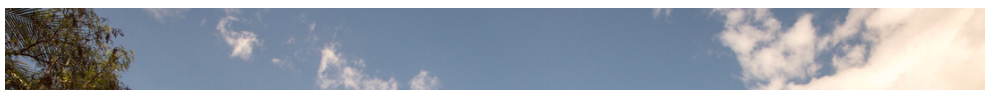
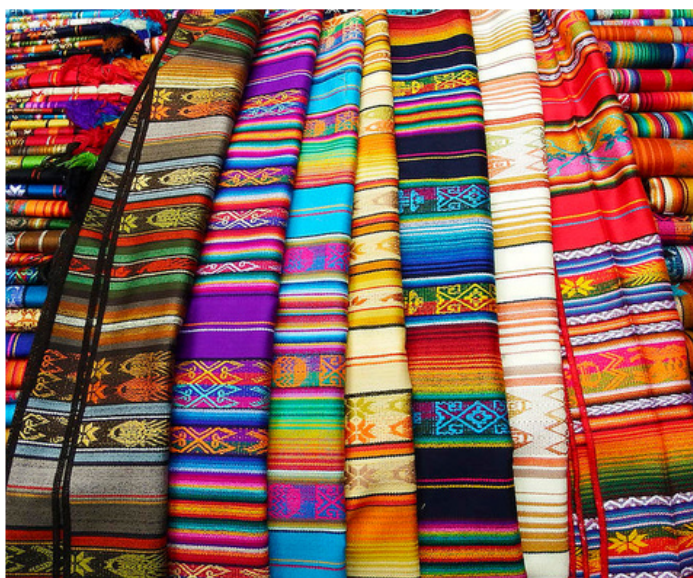
Week 6

- Food safety: challenges for the growing human population while preserving the environment and natural resources for the benefit of future generations.
 - Water as a critical factor in agriculture, food processing, nutrition and broader human health issues
 - Conclusion
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Program Itinerary

First Module: Health and Liberal Arts (Weeks 1-3)

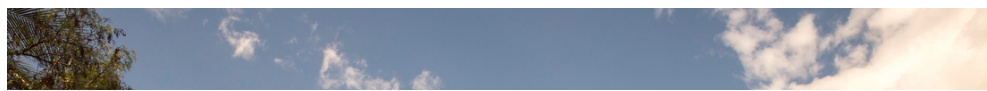
Day	Date	Activity	Lodging	Contact Hours	Meals
Sunday	29-May	Arrive in Quito	Host families - Quito		N/A
Monday	30-May	AM Program Orientation & Welcome Lunch USFQ PM City Tour	Host families - Quito		B, L
Tuesday	31-May	Class at USFQ Lecture (guest)	Host families - Quito	3	B
Wednesday	1-Jun	Class at USFQ	Host families - Quito	3	B
Thursday	2-Jun	Class at USFQ	Host families - Quito	3	B
Friday	3-Jun	Class at USFQ	Host families - Quito	3	B
Saturday	4-Jun	Free Day	Host families - Quito		B
Sunday	5-Jun	Free Day	Host families - Quito		B
Monday	6-Jun	Class at USFQ	Host families - Quito	3	B
Tuesday	7-Jun	Class at USFQ	Host families - Quito	3	B
Wednesday	8-Jun	Class at USFQ	Host families - Quito	3	B
Thursday	9-Jun	7:00AM Drive from Quito to Otavalo 9:00AM Jambi Huasi 11:30 Peguche Wasi - Lunch and weavers 14:00 Otavalo Indigenous Market	Hotel Otavalo		B, L, D
Friday	10-Jun	AM Breakfast 9:00AM Hacienda Verde and lunch	Host families - Quito		B, L
Saturday	11-Jun	Free Day	Host families - Quito		B
Sunday	12-Jun	Free Day	Host families - Quito		B
Monday	13-Jun	Class at USFQ	Host families - Quito	3	B
Tuesday	14-Jun	Class at USFQ	Host families - Quito	3	B
Wednesday	15-Jun	Class at USFQ	Host families - Quito	3	B
Thursday	16-Jun	7:00AM Drive from Quito to Archidona 10:30AM Activity with community - local market Petroglyphs Kausak Sacha lecture (nature conservation - indigenous vision)	Hotel in Archidona		B, L, D
Friday	17-Jun	Visit Papallacta Hotsprings Drive back to Quito	Host families - Quito		B, L
Saturday	18-Jun	Free Day	Host families - Quito		B
Sunday	19-Jun	Free Day	Host families - Quito		B



Program Itinerary

Second Module: One Health (Weeks 4-6)

Day	Date	Activity	Lodging	Contact Hours	Meals
Saturday	18-Jun	Arrive in Quito	Host families - Quito		N/A
Sunday	19-Jun	AM Program Orientation & Welcome Lunch USFQ PM City Tour	Host families - Quito		B, L
Monday	20-Jun	Class at USFQ	Host families - Quito	3	B
Tuesday	21-Jun	Class at USFQ	Host families - Quito	3	B
Wednesday	22-Jun	Class at USFQ	Host families - Quito	3	B
Thursday	23-Jun	Class at USFQ	Host families - Quito	3	B
Friday	24-Jun	Class at USFQ	Host families - Quito	3	B
Saturday	25-Jun	Free Day	Host families - Quito		B
Sunday	26-Jun	Free Day	Host families - Quito		B
Monday	27-Jun	Class at USFQ	Host families - Quito	3	B
Tuesday	28-Jun	Class at USFQ	Host families - Quito	3	B
Wednesday	29-Jun	Class at USFQ	Host families - Quito	3	B
Thursday	30-Jun	AM Wikiri (amphibians) PM Free	Host families - Quito		B
Friday	1-Jul	AM Bee farm in Machachi	Host families - Quito		B, L
Saturday	2-Jul	Free Day	Host families - Quito		B
Sunday	3-Jul	Free Day	Host families - Quito		B
Monday	4-Jul	Class at USFQ	Host families - Quito	3	B
Tuesday	5-Jul	Class at USFQ	Host families - Quito	3	B
Wednesday	6-Jul	Class at USFQ	Host families - Quito	3	B
Thursday	7-Jul	7 AM Drive from Quito to Cotacachi Visit Santa Bárbara community Lunch Local traditions & medicinal plants Drive back to Quito	Host families - Quito		B, L, D
Friday	8-Jul	Farewell Dinner	Host families - Quito		B, L
Saturday	9-Jul	end of program			



Program Details

Program Dates: May 29 - July 9, 2023

Application Deadline: March 1st, 2023

Program Fees:

MODULE 1: Health and Liberal Arts

\$ 2,150

MODULE 2: One Health

\$ 1,900

BOTH MODULES (1 and 2)

\$ 3,850

You can enroll in just one module, or in both modules.

Program Includes:

- Health & Safety Orientation
- Access to facilities and placement locations, depending on module
- Transportation to and from Quito's airport at the start and end of the program
- Host family accommodation with breakfast & dinner (during the dates of the program)
- Activities as listed in the itinerary
- Support in case of medical emergencies

Does NOT include:

- International Health Insurance (required)
- International Flights
- Personal expenses
- Gratuities
- Additional expenses (not detailed in the program)

COVID-19 Policies:

All students must be fully vaccinated and have at least one booster dose with authorized brands by WHO.

REGISTER TO THE PROGRAM HERE

https://usfqadmin.co1.qualtrics.com/jfe/form/SV_20mic2LhWRXLXMi



**For Further
information**

International Programs Office

Email: opi@usfq.edu.ec