ABOUT

Quito
Quito
Ecuador

The first World Cultural Heritage Site in the world, declared by UNESCO in 1978. Quito has been nominated as South American Leading Cultural city Destination by World Travel Awards several times.

Quito was founded on the ruins of an Inca city and has the best preserved and least altered historic centre in Latin America. In here you can find some examples of the "Baroque school of Quito" or Escuela Quiteña, which mixes the European and indigenous art visible in: architecture, sculpture and painting.

Quito's key information

Altitude: 9 350,4 ft above sea level
Time zone: UTC - 5
Currency: US dollar

Weather

Temperature ranges from 55°F at night, to 78°F at noon
During the day temperature averages around 64°F

It is advisable to have a light raincoat since rains can be unexpected
The USFQ Summer School offers a number of globally relevant and hands-on learning opportunities for international students. This 6-week summer course is designed to provide a broad and integral understanding of health in the context of creative problem solving, with an interdisciplinary approach.

The course is divided into two modules, the first three weeks “Health and Liberal Arts” will develop the concept of health within the Ecuadorian context, from a social, cultural and environmental perspective, as well as providing an overview of the health system, mental health and other challenges that can be applicable for a broad range of disciplines.

The second 3-week module “One Health” will focus on human health as a part of a shared environment with animals and the environment. Human populations growing and expanding into new geographic areas and needing more resources, leading to concerns with food and water supply and conditions. New interactions leading to emerging zoonotic diseases and disruption of previous environmental condition, create new scenarios for threats to human, animal and environmental health.
First Module: Health and Liberal Arts (Weeks 1-3)

Dates: May 29 to June 19
Language: English
Campus: Cumbayá - Quito
Credits: 3

Academic Background: College students interested in health
Content:

Week 1
- Induction/Orientation
- Introduction to the concept of Health and One Health
- Ecuador Context (Environment, social, cultural, public health)
- Creative problem solving, critical thinking to propose a problem/objective based on the Ecuadorian Context

Week 2
- Health Anthropology: social, cultural, biological, and linguistic approach to better understand influence of these factors on health and well being.
- Prevention and treatment of sickness, healing processes, social relations of therapy management, and the cultural importance and utilization of pluralistic medical systems. Indigenous culture and health concepts.
- Principles of bioethics with cultural competence.

Week 3
- Health systems and health economy
- Telehealth as an integral aid in improving access.
- Maternal and Child Health
- Mental Health
Understand the concepts of One Health with a thorough introduction to the challenges and opportunities related to the One Health approach. Epidemiology, source tracking, risk and disease burden assessments, intervention options, and cross-disciplinary prevention and control scenarios, approach from various disciplines.

Environmental factors that affect human health (Air pollution, Climate change and natural disasters, Diseases caused by microbes, Lack of access to health care, Poor water quality)

Emerging Zoonotic diseases: genetic evolution, demographic changes, environmental conditions, and climate changes affecting the ecosystem.

Tropical diseases, drug resistance, impact on human and animal health issues related to microbial and chemical contamination

Food safety: challenges for the growing human population while preserving the environment and natural resources for the benefit of future generations.

Water as a critical factor in agriculture, food processing, nutrition and broader human health issues

Conclusion

Dates: June 18 to July 9
Language: English
Campus: Cumbayá - Quito
Credits: 3
Academic Background: College students interested in health
Content:

Week 4
• Understand the concepts of One Health with a thorough introduction to the challenges and opportunities related to the One Health approach.
• Epidemiology, source tracking, risk and disease burden assessments, intervention options, and cross-disciplinary prevention and control scenarios, approach from various disciplines.
• Environmental factors that affect human health (Air pollution, Climate change and natural disasters, Diseases caused by microbes, Lack of access to health care, Poor water quality)

Week 5
• Emerging Zoonotic diseases: genetic evolution, demographic changes, environmental conditions, and climate changes affecting the ecosystem.
• Tropical diseases, drug resistance, impact on human and animal health issues related to microbial and chemical contamination

Week 6
• Food safety: challenges for the growing human population while preserving the environment and natural resources for the benefit of future generations.
• Water as a critical factor in agriculture, food processing, nutrition and broader human health issues
• Conclusion
# Program Itinerary

## First Module: Health and Liberal Arts (Weeks 1-3)

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Activity</th>
<th>Lodging</th>
<th>Contact</th>
<th>Hours</th>
<th>Meals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
<td>29-May</td>
<td>Arrive in Quito</td>
<td>Host families - Quito</td>
<td>N/A</td>
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<tr>
<td>Monday</td>
<td>30-May</td>
<td>AM Program Orientation &amp; Welcome Lunch USFQ</td>
<td>Host families - Quito</td>
<td>B, L</td>
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<tr>
<td>Tuesday</td>
<td>31-May</td>
<td>Class at USFQ Lecture (guest)</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Wednesday</td>
<td>1-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Thursday</td>
<td>2-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Friday</td>
<td>3-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Saturday</td>
<td>4-Jun</td>
<td>Free Day</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Sunday</td>
<td>5-Jun</td>
<td>Free Day</td>
<td>Host families - Quito</td>
<td>B</td>
<td></td>
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<tr>
<td>Monday</td>
<td>6-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
<td></td>
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<tr>
<td>Tuesday</td>
<td>7-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
<td></td>
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<tr>
<td>Wednesday</td>
<td>8-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>9-Jun</td>
<td>7:00AM Drive from Quito to Otavalo 9:00AM Jamal Husel 11:30 Peguche Wasl - Lunch and weavers 14:00 Otavalo Indigenous Market</td>
<td>Hotel Otavalo</td>
<td>B, L, D</td>
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<tr>
<td>Friday</td>
<td>10-Jun</td>
<td>AM Breakfast 9:00AM Hacienda Verde and lunch</td>
<td>Host families - Quito</td>
<td>B, L</td>
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<tr>
<td>Saturday</td>
<td>11-Jun</td>
<td>Free Day</td>
<td>Host families - Quito</td>
<td>B</td>
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<tr>
<td>Sunday</td>
<td>12-Jun</td>
<td>Free Day</td>
<td>Host families - Quito</td>
<td>B</td>
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<tr>
<td>Monday</td>
<td>13-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
<td></td>
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<tr>
<td>Tuesday</td>
<td>14-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Wednesday</td>
<td>15-Jun</td>
<td>Class at USFQ</td>
<td>Host families - Quito</td>
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<tr>
<td>Thursday</td>
<td>16-Jun</td>
<td>7:00AM Drive from Quito to Archidona 10:30AM Activity with community - local market Petroglyphs Kausi Socha lecture (nature conservation - indigenous vision)</td>
<td>Hotel in Archidona</td>
<td>B, L, D</td>
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<tr>
<td>Friday</td>
<td>17-Jun</td>
<td>Visit Papallacta Hot Springs Drive back to Quito</td>
<td>Host families - Quito</td>
<td>B, L</td>
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<tr>
<td>Saturday</td>
<td>18-Jun</td>
<td>Free Day</td>
<td>Host families - Quito</td>
<td>B</td>
<td></td>
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<tr>
<td>Sunday</td>
<td>19-Jun</td>
<td>Free Day</td>
<td>Host families - Quito</td>
<td>B</td>
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</table>
# Program Itinerary

**Second Module: One Health (Weeks 4-6)**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Activity</th>
<th>Lodging</th>
<th>Contact Hours</th>
<th>Meals</th>
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</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>18-Jun</td>
<td><strong>Arrive in Quito</strong></td>
<td>Host families - Quito</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>Sunday</td>
<td>19-Jun</td>
<td><strong>AM Program Orientation &amp; Welcome Lunch</strong></td>
<td>Host families - Quito</td>
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<td>B, L</td>
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<td><strong>USFQ</strong></td>
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<td></td>
<td></td>
<td><strong>PM City Tour</strong></td>
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<tr>
<td>Monday</td>
<td>20-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Tuesday</td>
<td>21-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Wednesday</td>
<td>22-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
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<td>B</td>
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<tr>
<td>Thursday</td>
<td>23-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
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<td>B</td>
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<tr>
<td>Friday</td>
<td>24-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
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<tr>
<td>Saturday</td>
<td>25-Jun</td>
<td><strong>Free Day</strong></td>
<td>Host families - Quito</td>
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<td>Sunday</td>
<td>26-Jun</td>
<td><strong>Free Day</strong></td>
<td>Host families - Quito</td>
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<td>B</td>
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<tr>
<td>Monday</td>
<td>27-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
</tr>
<tr>
<td>Tuesday</td>
<td>28-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
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<tr>
<td>Wednesday</td>
<td>29-Jun</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
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<td>B</td>
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<tr>
<td>Thursday</td>
<td>30-Jun</td>
<td><strong>AM Visit (amphibians)</strong></td>
<td>Host families - Quito</td>
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<tr>
<td>Friday</td>
<td>1-Jul</td>
<td><strong>PM Free</strong></td>
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<tr>
<td>Saturday</td>
<td>2-Jul</td>
<td><strong>Free Day</strong></td>
<td>Host families - Quito</td>
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<td>B, L</td>
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<tr>
<td>Sunday</td>
<td>3-Jul</td>
<td><strong>Free Day</strong></td>
<td>Host families - Quito</td>
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<td>B</td>
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<tr>
<td>Monday</td>
<td>4-Jul</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Tuesday</td>
<td>5-Jul</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Wednesday</td>
<td>6-Jul</td>
<td><strong>Class at USFQ</strong></td>
<td>Host families - Quito</td>
<td>3</td>
<td>B</td>
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<tr>
<td>Thursday</td>
<td>7-Jul</td>
<td><strong>7 AM Drive from Quito to Cotacachi</strong></td>
<td>Host families - Quito</td>
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<td>B, L, D</td>
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<td><strong>Visit Santa Barbara community</strong></td>
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<td><strong>Lunch</strong></td>
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<td><strong>Local traditions &amp; medicinal plants</strong></td>
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<td><strong>Drive back to Quito</strong></td>
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<tr>
<td>Friday</td>
<td>8-Jul</td>
<td><strong>Farewell Dinner</strong></td>
<td>Host families - Quito</td>
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<td>B, L</td>
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<tr>
<td>Saturday</td>
<td>9-Jul</td>
<td><strong>End of program</strong></td>
<td>Host families - Quito</td>
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<td>B, L</td>
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</table>
Program Dates: May 29 - July 9, 2023  
Application Deadline: March 1st, 2023

Program Fees:

<table>
<thead>
<tr>
<th>Module</th>
<th>Fees</th>
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<tbody>
<tr>
<td>MODULE 1: Health and Liberal Arts</td>
<td>$2,150</td>
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<tr>
<td>MODULE 2: One Health</td>
<td>$1,900</td>
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<tr>
<td>BOTH MODULES (1 and 2)</td>
<td>$3,850</td>
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You can enroll in just one module, or in both modules.

Program Includes:

- Health & Safety Orientation
- Access to facilities and placement locations, depending on module
- Transportation to and from Quito’s airport at the start and end of the program
- Host family accommodation with breakfast & dinner (during the dates of the program)
- Activities as listed in the itinerary
- Support in case of medical emergencies

Does NOT include:

- International Health Insurance (required)
- International Flights
- Personal expenses
- Gratuities
- Additional expenses (not detailed in the program)

COVID-19 Policies:
All students must be fully vaccinated and have at least one booster dose with authorized brands by WHO.
REGISTER TO THE PROGRAM HERE
https://usfqadmin.co1.qualtrics.com/jfe/form/SV_20mic2LhWRXLMi

For Further information
International Programs Office
Email: opi@usfq.edu.ec